

# Life Group Discussion Guide

Does God Care About My Happiness?

April 24

## ANNOUNCEMENTS

### Pursuit Night | April 24<sup>th</sup>, 6pm

*Pursuit Night* is when we will gather together for worship and prayer and to seek God. This is an opportunity for all of us to encounter God's presence, and for passion to be ignited. Join us at the Happy Valley Campus.

### Estate Planning Seminar | May 7<sup>th</sup>, 8:30am at the Happy Valley Campus

ALC is offering a free estate planning seminar in partnership with Financial Planning Ministry (FPM), a non-profit organization serving the Christian community for over 35 years. You will learn more about Wills and Living Trusts and how to protect your assets for the people and ministries you care about – all from a Biblical perspective.

Find more information and register at [alcpnw.events](http://alcpnw.events)

## LEADER NOTES

Is God happy? Does God care about your happiness? These are questions all of us have likely asked at one time or another. This week at each of our campuses we discussed happiness from a biblical viewpoint. We believe God DOES care about your happiness, and offers each of us a sustaining happiness even in the midst of difficult circumstances.

Next week we will be kicking off a new series called **For God So Loved \_\_\_\_\_**. This will be a very practical series about loving our neighbors well. We will provide a workbook that will help your group discuss AND apply these principles to your everyday lives. You don't want to miss it!

## QUICK REVIEW

Looking back at your notes from this week's teaching, was there anything you heard for the first time, caught your attention, challenged you, or confused you?

## THIS WEEK'S TEXT

### Psalm 1:1-3 (ESV)

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; <sup>2</sup>but his delight is in the law of the Lord, and on his law he meditates day and night. <sup>3</sup>He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

## LOOK UP

This week's text links happiness with delighting in the ways of God. **In your journey of following Jesus, which practices have brought you delight?**

**Which practices do you find difficult to enjoy?**

## LOOK AROUND

Describe your happiest memory. **What specific part of this experience brought you such happiness?**

**Have you experienced happiness mixed with another emotion? If so, what was that experience like?**

## LOOK AHEAD

**What can you do to keep your roots firmly planted in God, so that your happiness is rooted in Him rather than your circumstances?**

## PRAY

**Is there an area of your life in which you can't seem to find happiness?**  
Pray that God would meet you there with His presence and the happiness that comes with it.