

## Life Group Discussion Guide

The Gospel of John

June 7

### LEADER NOTES

In one of the most confusing and vivid lessons recorded in the New Testament, Jesus equated finding life in him with eating his flesh and drinking his blood. Today, we recognize that Jesus was referring to his crucifixion, which we remember in the act of communion. It is clear, though, that this imagery was difficult for Jesus' live audience. They could not see past the presentation in order to receive the message.

As a leader, take note of your group's responses and consider how this may help you have more effective meetings moving forward. You may be surprised to find that most of your group learns best by reading rather than watching a video or vice-versa.

### QUICK REVIEW

Looking back at your notes from this week's teaching, was there anything you heard for the first time, caught your attention, challenged you, or confused you?

### THIS WEEK'S TEXT

#### John 6:51-59 (NLT)

*"I am the living bread that came down from heaven. Anyone who eats this bread will live forever; and this bread, which I will offer so the world may live, is my flesh."*

<sup>52</sup> Then the people began arguing with each other about what he meant.

*"How can this man give us his flesh to eat?" they asked.*

<sup>53</sup> So Jesus said again, *"I tell you the truth, unless you eat the flesh of the Son of Man and drink his blood, you cannot have eternal life within you. <sup>54</sup> But anyone who eats my flesh and drinks my blood has eternal life, and I will raise that person at the last day. <sup>55</sup> For my flesh is true food, and my blood is true drink. <sup>56</sup> Anyone who eats my flesh and drinks my blood remains in me, and I in him. <sup>57</sup> I live because of the living Father who sent me; in the same way, anyone who feeds on me will live because of me. <sup>58</sup> I am the true bread that came down from heaven. Anyone who eats this bread will not die as your ancestors did (even though they ate the manna) but will live forever."*

<sup>59</sup> He said these things while he was teaching in the synagogue in Capernaum.

### LOOK UP

Have you ever been confused by the use of bread and wine/juice to represent Jesus' body and blood, like the people in this week's text? What does communion mean to you now?

### LOOK AROUND

How do you learn most effectively (listening, watching, reading, etc.)?

Give an example of a time that presentation has gotten in the way of a message (commercials, magazines, PowerPoint, etc.)

When it comes to Jesus, what are you most eager to learn more about?

### LOOK AHEAD

In this turbulent season, how can you best posture yourself to hear from Jesus?

How can you best posture yourself to hear the pain and perspectives of others?

### PRAYER